

**Inspiring Young Minds through Pariksha Pe Charcha at M.K DAV Public School, Daltonganj**

With a focus on nurturing confidence and reducing exam-related stress among young learners, a thoughtfully curated documentary was screened for the students of the institution under the Pariksha Pe Charcha programme.

The documentary conveyed reassuring messages on overcoming exam anxiety, building self-confidence and embracing learning as a joyful process. Through simple yet impactful visuals, it encouraged students to focus on sincere effort rather than fear of outcomes. The young learners watched the film with keen interest and responded enthusiastically to its motivating content.

The initiative proved to be a meaningful step in nurturing emotional resilience and confidence among the students.

The Honourable Principal, MRS. INDRANI CHATTERJEE appreciated the initiative and emphasised that such programmes help children view examinations as opportunities for growth rather than pressure. She encouraged students to remain calm, believe in their abilities and approach learning with a positive mindset.

